

**VICTIM IMPACT STATEMENT**  
**DÉCLARATION DE LA VICTIME**  
**SUPERIOR/ONTARIO COURT OF JUSTICE**  
**COUR SUPÉRIEURE DE JUSTICE/DE JUSTICE DE L'ONTARIO**

CANADA  
PROVINCE OF ONTARIO  
PROVINCE DE L'ONTARIO

Toronto

(Region / Région)

Form / Formule 34.2  
Subsection 722(4) of the *Criminal Code*  
*Paragraphe 722(4) du Code criminel*

Case/File No. / N° du cas/dossier

Court Location: \_\_\_\_\_  
Adresse du tribunal :

In the matter of: R. v. **ABED**

Dans l'affaire de : R c.

(insert name of accused/offender / nom de l'accusé/du délinquant)

Victim/writer's name: **Joel SACKE**

Nom de la victime/du déclarant :

This form may be used to provide a description of the physical or emotional harm, property damage or economic loss suffered by you as the result of the commission of an offence, as well as a description of the impact of the offence on you. You may attach additional pages if you need more space.

*La présente formule peut être utilisée pour présenter une description des dommages—matériels, corporels ou moraux—ou des pertes économiques qui vous ont été causés par suite de la perpétration d'une infraction ainsi que des répercussions que l'infraction a eues sur vous. Vous pouvez ajouter des pages additionnelles au besoin.*

**Your statement must not include:**

**La déclaration ne peut comporter :**

- any statement about the offence or the offender that is not relevant to the harm or loss you suffered;  
*de propos concernant l'infraction ou le délinquant qui ne sont pas pertinents au regard des dommages ou pertes que vous avez subis;*
- any unproven allegations;  
*d'allégations non fondées;*
- any comments about any offence for which the offender was not convicted;  
*de commentaires sur des infractions pour lesquelles le délinquant n'a pas été condamné;*
- any complaint about any individual, other than the offender, who was involved in the investigation or prosecution of the offence; or  
*de plaintes au sujet d'un particulier, autre que le délinquant, qui était associé à l'enquête ou à la poursuite de l'infraction;*
- except with the court's approval, an opinion or recommendation about the sentence.  
*sauf avec la permission du tribunal, de points de vue ou de recommandations au sujet de la peine.*

You may present a detailed account of the impact the offence has had on your life. The following sections are examples of information you may wish to include in your statement. You are not required to include all of this information.

*Vous pouvez présenter un compte rendu détaillé des répercussions de l'infraction sur votre vie. Les sections ci-après ne constituent que des exemples de renseignements que vous pouvez inclure dans votre déclaration. Vous n'êtes pas obligé d'inclure tous ces renseignements.*

## **Emotional Impact**

### **Répercussions d'ordre émotif**

Describe how the offence has affected you emotionally. For example, think of

*Veuillez décrire les répercussions d'ordre émotif que l'infraction a eues sur vous, par exemple, en ce qui concerne :*

- your lifestyle and activities;  
*votre mode de vie et vos activités;*
- your relationships with others such as your spouse, family and friends;  
*vos relations avec les autres, notamment votre époux ou épouse, votre famille et vos amis;*
- your ability to work, attend school or study; and  
*votre capacité à travailler, à fréquenter l'école ou à étudier;*
- your feelings, emotions and reactions as they relate to the offence.  
*vos sentiments, vos émotions et vos réactions à l'égard de l'infraction.*

My name is Joel Sacke and I am 88 years old. It has been almost 5 months since the incident involving Ms. Abed. My life is now very different than it was before she committed the offence against me and none of it is for the better. I am working on getting better but I continue to struggle.

I have been divorced for almost 30 years. My ex-wife lives in a condo near me and although she has a care giver, I check in on her daily. I have maintained this activity since the crime, but it is much more effortful than before.

I have three children and 8 grandchildren. Although I speak to my kids every day, they remark that I have become more withdrawn. I used to see my 8 grandchildren regularly, meeting them for coffee or lunch. I now make excuses to not see them saying we will get together another time. My relationships with them have suffered as a result Ms. Abed's actions.

Prior to the incident I very much enjoyed socializing with my peers. I regularly attended exercise classes with the Bnai Brith at the Earl Bales community centre. 5 days a week I would go to fitness, The Broadway sing and dance classes and Friday Zumba. I do not engage in those activities anymore and I find it uncomfortable to be in close proximity to the 25 ladies and gentleman. I have also stopped going to exercise classes twice a week in my condo as I do not like to be around the people there.

I still maintain some contact with my fiends. I still meet some close friends for lunch every Saturday. I used to hang around for almost two hours every Saturday talking, laughing enjoying my time. Nowadays, I can barely make it 45 minutes before I have to excuse myself and leave. I recently went out to dinner with some freinds and once again had to leave early because I did not want to be there.

Since Ms. Abed grabbed my Israeli flag and threw me to the ground I have had trouble sleeping. Prior to the incident I would sleep through the whole night. Nowadays 5 out of 7 nights I wake up in the middle of the night. I have trouble shutting off my mind and falling back asleep. I have to spent 30 - 40 minutes trying to relax my mind my mind and fall back asleep.

I know I am depressed and I often feel anxious nervous and stressed. I am hyper vigilant in a way that I was not before the incident. I saw two therapists one time each after the incident. I did not find the interactions helpful. I am now enrolled in a mindfulness course and it seems to slowly be helping me get back to the person I was before. I am trying hard to sort myself out and be relaxed and calm but it is hard and can be discouraging.

Every day I say this to myself. Why did this happen to me? On October 7, 2023 Hamas terrorists from Gaza invaded Israel, murdered 1,200 civilians and took 251 civilians as hostages. Since then, the Jewish community gathers at Bathurst and Sheppard every Sunday to pray for the safe return of the hostages, lend each other support and keep the memory of those murdered alive. I was carrying an Israeli flag to show my

support for those murdered and taken hostage. I wanted to participate in a community in a part of town where we were welcome. What did I do that made Ms. Abed so angry with me that she grabbed my flag and threw me to the ground? Why am I being punished by being depressed in this way?

Ms. Abed chose me as the target of her aggression on that day. The only difference between me and anyone else she would have encountered, that day or any day, is that I was carrying an Israeli flag. Courts must be alive to the rising tide of antisemitism in our community. I am a victim of that antisemitism.

## **Physical Impact**

### **Répercussions d'ordre physique**

Describe how the offence has affected you physically. For example, think of

*Veuillez décrire les répercussions d'ordre physique que l'infraction a eues sur vous, par exemple, en ce qui concerne :*

- ongoing physical pain, discomfort, illness, scarring, disfigurement or physical limitation;  
*la douleur physique persistante, l'inconfort, les maladies, les cicatrices, le défigurement ou les restrictions physiques;*
- hospitalization or surgery you have had because of the offence;  
*une hospitalisation ou des interventions chirurgicales que vous avez dû subir en raison de l'infraction;*
- treatment, physiotherapy or medication you have been prescribed;  
*les traitements, la physiothérapie ou les médicaments qui vous ont été prescrits;*
- the need for any further treatment or the expectation that you will receive further treatment; and  
*les traitements supplémentaires dont vous aurez besoin ou que vous vous attendez à recevoir;*
- any permanent or long-term disability.  
*une invalidité permanente ou de longue durée.*

Initially my injuries were abrasions, scrapes and scratches on my right leg from my ankle to knee. My right hand and arm were cut up and bleeding. My right side was bruised. I went to the hospital after the incident. I was in emergency from 2 pm - 10:30 pm. I had a CAT scan on head and spine and thankfully there was no evidence of fractures.

Prior to the incident I had degenerative disc disease but I was managing with treatment. The incident aggravated my condition. I can control the pain but I am now required to take tylenol every day and I am continuing to do my exercises. The incident aggravated my previous condition and I feel more pain and am worse off than before.

Prior to the incident I had trouble with my sinuses. The incident itself left me gasping for breath and my breathing tests were poor and I experienced shortness of breath right after the incident. This seems to have resolved with treatment and medication.

Immediately after the incident when I went to the Hospital the doctors advised me that I have high blood pressure, which I never had previously. Recent blood pressure checks are not normal so that issue has been resolved.

## **Economic Impact**

### **Répercussions d'ordre économique**

Describe how the offence has affected you financially. For example, think of

*Veuillez décrire les répercussions d'ordre économique que l'infraction a eues sur vous, par exemple, en ce qui concerne :*

- the value of any property that was lost or damaged and the cost of repairs or replacement;  
*la valeur des biens perdus ou détruits et le coût de réparation ou de remplacement de ces biens;*
- any financial loss due to missed time from work;  
*les pertes financières imputables à l'absence du travail;*
- the cost of any medical expenses, therapy or counselling;  
*les dépenses médicales et le coût de la thérapie et du counseling;*
- any costs or losses that are not covered by insurance.  
*les coûts, pertes ou dépenses qui ne sont pas couverts par l'assurance.*

**Please note that this is not an application for compensation or restitution.**

*Veuillez noter que la présente déclaration ne constitue pas une demande d'indemnisation ou de dédommagement.*

When Ms. Abed grabbed my flag and threw me to the ground I lost my glasses. Thankfully an anonymous donor in the Jewish community replaced them at no cost to me.

## **Fears for security**

### **Craintes concernant la sécurité**

Describe any fears you have for your security or that of your family and friends. For example, think of

*Veuillez décrire toute crainte que vous avez pour votre sécurité ou celle de votre famille et de vos amis, par exemple :*

- concerns with respect to contact with the offender; and  
*des préoccupations concernant des contacts avec le délinquant;*
- concerns with respect to contact between the offender and members of your family or close friends.  
*des préoccupations concernant des contacts entre le délinquant et des membres de votre famille ou des amis proches.*

I do not believe that Ms. Abed will seek me out to further assault either me or member of my family.

**Drawing, poem or letter** (attach a separate page if needed)

**Dessin, poème, lettre** (*joindre une page additionnelle au besoin*)

You may use this space to draw a picture or write a poem or letter if it will help you express the impact that the offence has had on you.  
*Vous pouvez utiliser cet espace pour faire un dessin ou écrire un poème ou une lettre si cela peut vous aider à dépeindre les répercussions que l'infraction a eues sur vous.*

**I would like to present/read my statement in court.**  
*J'aimerais présenter/lire ma déclaration devant le tribunal.*

To the best of my knowledge, the information contained in this statement is true.

*À ma connaissance, les renseignements contenus dans la présente déclaration sont exacts.*

Dated this 14th day of January, 20 25,  
*Fait ce jour de*

at Toronto, Ontario.  
*à(au)*

\_\_\_\_\_  
Signature of Declarant / *Signature du déclarant*

Your name: Joel SACKE  
*Votre nom :*

If you completed this statement on behalf of the victim, please indicate the reasons why you did so and the nature of your relationship with the victim.

*Si vous avez rempli la présente déclaration au nom de la victime, veuillez indiquer les raisons pour lesquelles vous l'avez fait ainsi que la nature de votre relation avec elle.*

[Type here / Écrire ici]

If you are not the person against whom the offence was committed but are completing this form on your own behalf, please indicate your relationship with the victim.

*Si vous n'êtes pas la personne contre qui l'infraction a été commise, mais que vous remplissez le présent formulaire pour votre propre compte, veuillez indiquer votre lien avec la victime.*

[Type here / Écrire ici]

Dated this \_\_\_\_\_ day of \_\_\_\_\_ , 20 \_\_\_\_\_ ,

*Fait ce jour de*

at \_\_\_\_\_  
à(au) \_\_\_\_\_ (location / lieu)

Signature of Declarant / Signature du déclarant

Your name:

*Votre nom :*